Federal Employees Dental and Vision Insurance Program (FEDVIP) 2010 Nationwide Vision Rates

			Biweekly Premium			Monthly Premium		
Plan Name	Telephone & Website	Plan Option	Self Only	Self Plus One	Self & Family	Self Only	Self Plus One	Self & Family
	1-888-550-2583	Standard	\$3.92	\$7.84	\$11.76	\$8.49	\$16.99	\$25.48
FEP BlueVision	www.fepblue.org	High	\$4.92	\$9.84	\$14.76	\$10.66	\$21.32	\$31.98
	1-866-249-1999	Standard	\$3.06	\$5.98	\$8.90	\$6.63	\$12.96	\$19.28
UnitedHealthcare Vision	www.myuhcvision.com/fedvip	High	\$4.12	\$8.05	\$11.99	\$8.93	\$17.44	\$25.98
	1-800-807-0764	Standard	\$4.09	\$8.21	\$12.30	\$8.86	\$17.79	\$26.65
VSP (Vision Service Plan)	www.choosevsp.com	High	\$5.81	\$11.61	\$17.42	\$12.59	\$25.16	\$37.74

2010 Nationwide Dental Rates Federal Employees Dental and Vision Insurance Program (FEDVIP)

Plan Name	Option	Rating	Biweekly Premium			Monthly Premium		
Tium Tiume		Region	Self Only	Self Plus One	Self & Family	Self Only	Self Plus One	Self & Family
Aetna PPO	High (In and Out-of-Network benefits)	3	\$15.75	\$31.51	\$47.26	\$34.13	\$68.27	\$102.40
		4	\$17.37	\$34.73	\$52.09	\$37.64	\$75.25	\$112.86
		5	\$18.84	\$37.69	\$56.53	\$40.82	\$81.66	\$122.48
GЕНА РРО	Standard (In and Out-of-Network benefits)	3	\$11.51	\$23.01	\$34.52	\$24.94	\$49.86	\$74.79
		4	\$12.41	\$24.82	\$37.23	\$26.89	\$53.78	\$80.67
		5	\$13.76	\$27.53	\$41.28	\$29.81	\$59.65	\$89.44
GЕНА РРО	High (In and Out-of-Network benefits)	3	\$16.73	\$33.48	\$50.22	\$36.25	\$72.54	\$108.81
		4	\$18.06	\$36.12	\$54.19	\$39.13	\$78.26	\$117.41
		5	\$20.03	\$40.08	\$60.12	\$43.40	\$86.84	\$130.26
MetLife PPO	Standard (In and Out-of-Network benefits)	3	\$10.26	\$20.51	\$30.76	\$22.23	\$44.44	\$66.65
		4	\$11.38	\$22.76	\$34.14	\$24.66	\$49.31	\$73.97
		5	\$12.48	\$24.97	\$37.46	\$27.04	\$54.10	\$81.16
MetLife PPO	High (In and Out-of-Network benefits)	3	\$18.01	\$36.01	\$54.02	\$39.02	\$78.02	\$117.04
		4	\$19.48	\$38.95	\$58.42	\$42.21	\$84.39	\$126.58
		5	\$21.80	\$43.59	\$65.39	\$47.23	\$94.45	\$141.68
United Concordia PPO	High (In and Out-of-Network benefits)	3	\$16.43	\$32.83	\$49.26	\$35.60	\$71.13	\$106.73
		4	\$17.71	\$35.39	\$53.10	\$38.37	\$76.68	\$115.05
		5	\$19.09	\$38.16	\$57.24	\$41.36	\$82.68	\$124.02